

## PSHCE curriculum Information

Dear Parents and Carers,

As a part of your child's education at Winterhill, we promote personal wellbeing and development through a comprehensive Personal, Social, Health, Careers and Economic (PSHCE) education programme. PSHCE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next few weeks, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons in year 10 will include students learning about: healthy relationships, including friendships; changing feelings; sexually transmitted infections; contraception; the impact pornography and sexting can have; pregnancy and parenting; developing self-esteem and confidence. Students will also have opportunities to ask questions in a safe and private environment.

PSHCE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHCE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

As a school community, we are committed to working in partnership with parents. If you would like to find out more or discuss any concerns or would prefer your child to not take part in these lessons we would recommend that you email Mrs J Ellis for any further clarification - [Jellis@winterhill.org.uk](mailto:Jellis@winterhill.org.uk)

Yours faithfully,

Mrs J Ellis, subject lead for PSHCE education